

Issue 15 — 4 November 2019

FROM THE PRINCIPAL

This is the last edition of the Claremont College Newsletter for 2019 and marks the final teaching week for our students at the College. By no means is the year complete, as our students are finalising internal assessments, and also preparing for any external exams and assessments. We congratulate our students on an outstanding effort this year and also celebrate tremendous attendance from our students throughout 2019.

We are thrilled and very appreciative that our community has come together in such a supportive way and this has had a tremendously positive impact on the learning community here.

As we move into the final assessment phase of the school year, we remind students that we still have our full Wellbeing Team here to support students who may be a little stressed at this busy time of the year, and we offer them any additional support that they require. Of course all of our teaching staff are always available to provide any further assistance if any students require any extra support. Please call the college on 62496868 if you require any assistance.

The Wolfe Brothers—Meet the Teacher

We are pleased to confirm that the Wolfe Brothers will be playing at the Meet the Teacher Event on 20 February 2020. This concert will also mark the beginning of our 30th year of teaching excellence at Claremont College. We are delighted to be able to offer all of our parents and students who attend a Meet the Teacher Interview in the Library at the start of next year **free tickets to attend the concert** which will commence immediately after the interviews. Ticket prices for members of the broader community who would like to attend are \$20 for adults and \$10 for children (under 18). Tickets will be on sale through Try Booking. Our partner schools will be provided with a promotional code to be used through Try Booking. This will enable them to receive a 50% discount on the full price of both adult and child tickets. Information around this will be provided before the end of the year.

We wish all of our families a safe and happy Christmas and a restful period before we begin our exciting 30th year next year.

UPCOMING EVENTS

Fri 8 November	Students finish formal classes
Mon 11 — Thurs 21 Nov	Exam Period
Mon 11 — Fri 22 Nov	Art Exhibition
Wed 13 November	Art Exhibition official opening 4.30pm
Fri 29 November	Year 9 Taster Day
Tue 3 — Thurs 5 Dec	Beyond 10 Program
Thurs 20 February	Meet the Teachers Wolfe Brothers

For those students who are leaving us this year for further study or work, we wish you all the very best and ask that you stay in contact with the College. Please remember that all of our past students are always part of the Claremont College community.

CLAREMONT COLLEGE CELEBRATES 30 YEARS.



YEARS OF
TEACHING
EXCELLENCE

The concept for our logo, designed by Jamie Roberts (Mouse & Mind), focuses on the future.

The number 30 is shaped and positioned to create the appearance of a bird flying out of a window towards the sun in the sky. This is a representation of the College's role in preparing students to 'fly' - that is, preparing students to go out on their own and achieve in further education and in the workforce.

Thousands of students have 'flown' in the last 30 years at Claremont College.



STUDENTS STUDYING LEVEL 2 SUBJECTS

YOU STILL HAVE A CHANCE TO IMPROVE YOUR FINAL ASSESSEMENTS!

Your teachers are still available to assist you and assess your work up until Friday November 15. Please use this opportunity. Contact your teachers directly or by phoning the college.

UTAS MUSIC RECITALS



On Saturday 26 October students from the UTAS music class performed their recitals for examiners and the public. Abbey, Shane, Hayden and Mathew presented arranged works with their ensembles. Hayden arranged his own compositions with both a string quartet and brass section. The recitals are the accumulation of a year's work. Well done to all involved.



CC ROCKS

October 26 was the final CC Rocks for the year. A large crowd attended The Brisbane Hotel to support the students. Students from the Music 3 class performed their recitals. The music classes presented 4 hours of non – stop music.

CC Rocks is now in its 11th year and continues to be a great performance opportunity for the music students



WEX 2019

Ruby has just had an amazing week in Canberra at WEX 2019 with 70 other Aboriginal and Torres Strait Islander students from all parts of Australia. They visited the Tent Embassy and learnt of the struggle for Aboriginal sovereignty before practising lawmaking in Old Parliament House but it was at Parliament House, at the start of a busy day, when Ruby met two people who made a strong impact on her.



"One highpoint, among many, was meeting Ken Wyatt, the first Indigenous Minister for Indigenous Affairs and Linda Burney ALP Member of the House of Representatives, but also the first Aboriginal person to be elected to the NSW Parliament. We were having breakfast in Parliament House when they came to our table and started to chat. The fact that they were from completely different political parties didn't matter; they both wanted to encourage us to pursue our dreams even if they seem out of reach."

For the first time WEX participants will be given the chance to do work experience with Commonwealth agencies in their hometowns. Ruby will definitely be taking up this opportunity.



UPCOMING

EVENTS



Confirmation of Enrolments for Partner Schools

Claremont College Course Counsellors are working in our partner schools to confirm subject choices for 2020 this term.

CC Music at the Brighton Show

Join us at the Brighton Show

Sunday November 10

Solos, duos and bands.

Claremont College ENROL NOW FOR 2020

Step into your future!



Out of area and
non-partner schools

Thursday 14 November
3:00pm - 5:30pm

Department of Education



NEXT STEP 2019 GRADUATION PRESENTATIONS

We completed our school year by doing presentations of our work in each subject at Claremont College. We prepared for our presentations by sorting through our work and choosing tasks that we wanted to show. We got them ready for display on a white board. Also, we chose three of our favourite excursions or activities for the year and put them into a Power Point with photos and words.

We then prepared our script to guide us through our presentations. We also made a list of guests to invite as a panel for our presentation. We invited mums, dads, nans and pops, aunties, uncles, friends and staff.

We were a bit nervous and scared but we did it!! Some of us were worried that things wouldn't go to plan! BUT.....

..... When we saw our work displayed we felt proud of our efforts. Other students and staff were amazed when they saw what we had achieved this year.

After two weeks of preparations, we completed our presentations over two days. Some went for ten minutes and others lasted nearly half an hour. We surprised ourselves with how well we went. WE ROCKED !!!!

We are happy that we celebrated our year like this.

Thanks to everyone for helping us and for coming along.

Next Step 2019 Students



Thursday 20 February

Meet the Teacher followed by Musical entertainment

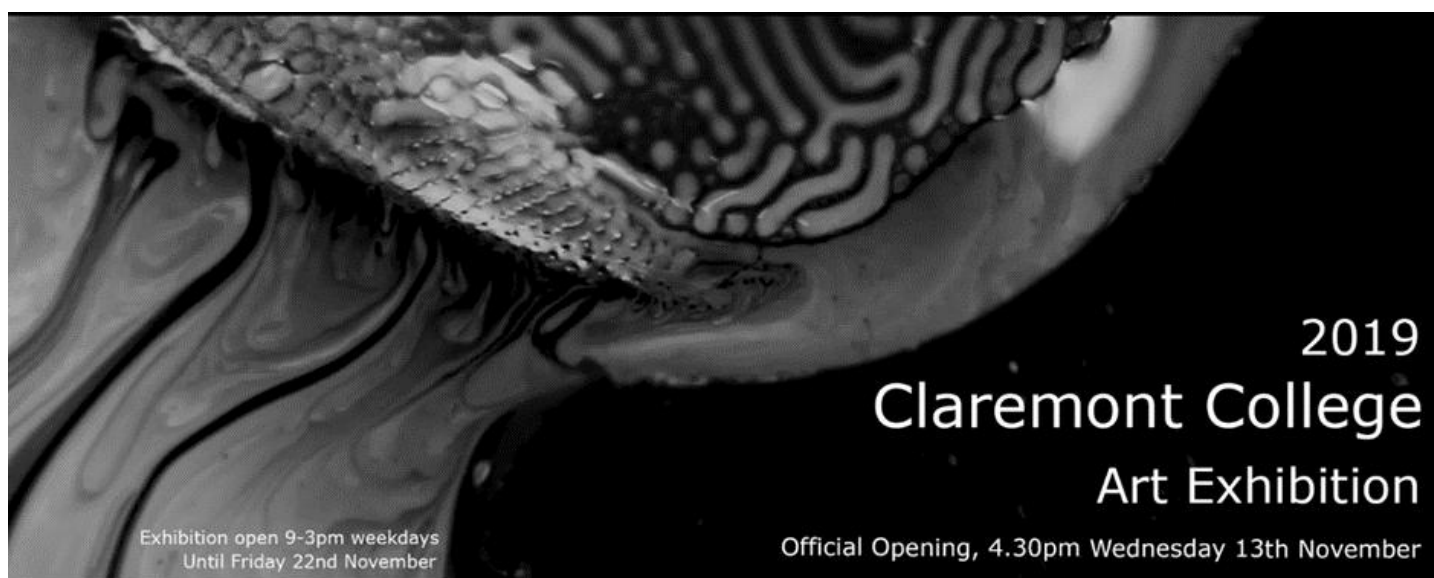


CLAREMONT COLLEGE ART EXHIBITION

The visual art, photography and digital art students are all busy preparing for the end of year art exhibition which will showcase the artwork of all of our level 2 and 3 students from this year. Our pre-tertiary students are particularly busy as they finish off their years work. Each of them has been following an idea or theme through the year which culminates in the display they put up at the end of the year. Our pre-tertiary students will have an external panel assess their work during the exam period, which will give them their final award. This is the equivalent of the exams that other pre-tertiary subjects have at the end of the year.



We wish our visual art students all the best for their end of year exhibition and we invite everyone to come to our official opening on Wednesday 13 November at 4.30pm to check out the amazing artwork our students have produced and to enjoy some nibbles!



TERM 4 CAREERS NEWS

Term 4 has started quickly with lots of opportunities for students to apply for apprenticeships/ traineeships and/or furthering their education through TasTAFE in 2020.

Students at Claremont College have been given the opportunity to apply for a range of traineeships with Tas Water. The traineeships are three years in duration and those successful applicants will complete a nationally recognised Certificate III in Water Operations qualification.

Another great opportunity is for a mechanical fitter apprenticeship with Cascade Brewery. More information can be found in the Careers Centre or on the MEGT website.

TasTAFE will be holding their information sessions for up and coming 2020 courses so students should now be expressing an interest in a chosen course if they want to be considered for selection. Course information sessions will be across all of TasTAFE's campuses in late November this year.

If students are interested in any of the positions mentioned above, want to explore more about what TasTAFE has to offer or are unsure about their options for 2020, they should come into the Careers Centre and see Paul for more information.

CLAREMONT COLLEGE – LAST DAY OF CLASSES 2019

Friday 8 November is the last day of formal classes for 2019. This is a day to reflect on, and celebrate, the achievements of our students during 2019 and wish our Year 12 and 13 leavers the best of luck with their future education, work and training.

Please see the timetable below for our last day. Please note students will be finishing at 1pm on this day.

Students are reminded that classes are compulsory on this day and that our College Values are expected to be adhered to during this time.

Please note;

Students completing Level 3/4 exams will be able to access the college and library from Monday 11 until Thursday 21 November for tutorials and examinations. Teachers are available for individual or tutorial assistance.

Students completing Level 2 courses will be able to access the college from Monday 11 until Friday 15 November to complete any outstanding work requirements. Teachers are available for individual or tutorial assistance.

Final Day Timetable - Friday 8 November 2019

8.15am – 9.00am	Breakfast Club – Common Room
9.00am – 9.55am	Line 5
9.55am – 10.20am	Morning Break
10.20am – 11.15am	Line 1
11.15am – 12.00pm	Final Assembly
12.00pm – 1.00pm	Long Lunch in the Street
1.00pm	Students Farewelled

LAST DAY LONG TABLE LUNCH IN THE ATRIUM

BBQ roasted
chicken

Roast
potatoes

Greek salad
Caesar salad

Straight after the
Final Assembly

12.00pm – 1.00pm

ADF GRADUATION

The VET Certificate I Defence Force Cadets class held their Graduation ceremony on Friday 1 November. The event was very well supported by Defence Force personnel and family members. The students were very dedicated and they have been training all year for the Graduation Ceremony. They did themselves and the College proud.

Special thanks to the Hon Elise Archer, CMDR Bob Curtis and WO Luke Andersen for their assistance throughout the year.



STEP IN CELEBRATION FUNCTION

On Wednesday October 23, Step In students and their staff members held a function to celebrate the efforts of all students throughout 2019. Students were encouraged to bring along a significant person in their lives and we had a number of students who took this opportunity.

The first aspect of the function was an informal presentation of certificates and awards to all members of the 2019 Step In group. Some of these were comical and it was great to see all awards well received. There were a number of prizes awarded to students with excellent attendance (Bayley, Brenton, Mitch and Chaz) and awards to students for significant efforts throughout the year.

All students and their guests then moved to the formal dining room for a lunch hosted by the VET Hospitality class. The menu included chicken or beef schnitzels with steamed vegetables, chocolate or vanilla pana cotta and a variety of sauces and bread rolls. The lunch was delicious and all who attended had a great time which was a really positive way for students to finish up the 2019 school year. A big thanks to Rosanne Browning and her Hospitality class for all of their efforts in preparing a fantastic lunch. We look forward to working with all Step In students in 2019.



2019 INTER-COLLEGE HAIRDRESSING COMPETITION

On Tuesday 22 October Claremont College hosted the annual VET Salon Assistant Hair Dressing Competition. The colleges involved were Claremont College and Bay View Secondary College. There were two categories contested. These were the blow dry, blow out and the long hair up do. All of the contestants put in a very good effort with a close result in all categories. Judging was undertaken by five industry representatives who were very impressed by the quality of the finished mannequins and the way in which the contestants conducted themselves throughout the event. The students prior to the start of the event were excited and nervous, but this quickly disappeared as the contest began. Quotes from the competitors were 'challenging but fun', 'tiring, with a sense of having achieved a great deal' and 'it was good to meet students from other colleges'.

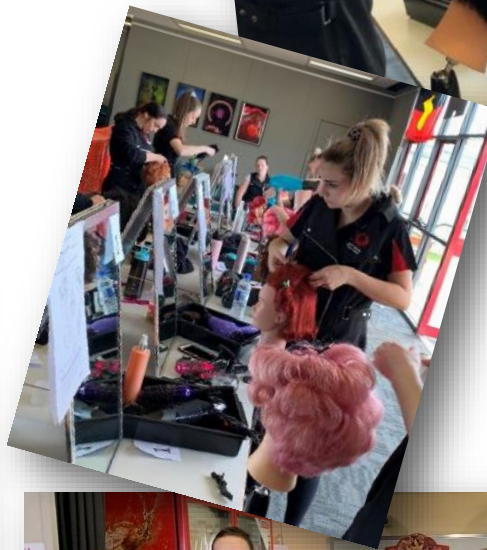
Category winners were:

Kimberley - Blow Dry Blow Out - from Claremont College

Tearna -Up Do Long Hair -from Claremont College

The overall winner was Brea from Bayview Secondary College

Thanks to Rachel and Andrea for organising and maintaining the smooth running of the competition and for preparing the students for the event.



SCHOOLS OUT – WHERE TO FROM HERE FOR YOUR HEALTH AND WELLBEING?

The mental health and wellbeing of young people in Australia is a growing concern for many young people and their parents/ carers.

The Claremont College Wellbeing team thought it might be a good idea to remind students and families of where and how to access support, especially over the school break and for future health and wellbeing post school.

Mental health care plan

Visit your doctor who will assess whether a mental health care plan is required.

A mental health care plan is a support plan for someone who is going through mental health issues. If a doctor agrees that you need additional support, you and the doctor will make the plan together.

What does a mental health care plan cover?

If you have a mental health care plan, you will be entitled to Medicare rebates for up to 10 individual or 10 group appointments with some allied mental health services in a year. That means for certain psychologists, occupational therapists and social workers you are also entitled to Medicare rebates for 10 individual or support group session in year.

Your doctor can give you a referral to allied mental health services in your area or you can get more information from beyond blue, which includes a search tool to locate mental health professionals near you. <https://www.beyondblue.org.au/>

You can't get Medicare rebates for all 10 sessions in one go. After the first 6 appointments, you need to see your doctor again for a mental health plan review and another referral.

If you are concerned about your mental health it's a good idea to do a quick check up on your general health also.

- Are you sleeping enough? 8-10 hours per night
- Are you eating a quality, nutritious diet?
- Are you exercising or keeping active?
- Could you benefit from a health check – i.e. blood test for low Iron, Vitamin D, Vitamin B12 OR Zinc (common deficiencies in young people and adults)
- Check up your screen time, national guidelines suggest limiting screen time to 2 hours per day for adolescents/ young adults
- <https://austparents.edu.au/wp-content/uploads/2019/03/screentime.pdf>

This time of the year can be really stressful and overwhelming. It is an important to remember to look after ourselves to make sure we can be at our best. Some of the things you can do to manage the stress is to:

- General health check
- Set goals around sleep, nutrition, exercise, screen time
- Allow yourself sometime to have fun
- Spend time with friends and family

Be aware of your own stress levels and ask for help if you need it. There is plenty of help available at the college if you need it. Other places you could ask for help include:

- PULSE Youth Health Service 61 661421
- Kids Help Line 1800 55 1800
- eHeadspace.org.au
- Speak with your doctor

Support staff are available at the college everyday. You can make an appointment or just drop in.

If you have any questions please contact the Claremont College Student Services Wellbeing Team.

Kate & Duff (Social Workers) Jess (School Psychologist)

EXAMS

Good luck to all students starting exams.

Don't forget;

- Bring your pink slip to your exam.
- Make sure you arrive early for your exam.
- Meet Katrina Hutchinson in the atrium area before your exam.



OFFICE OF TASMANIAN
ASSESSMENT, STANDARDS
& CERTIFICATION

WRITTEN EXAMINATION TIMETABLE 2019

WEEK 1	DATE	MORNING EXAMS (COMMENCE 9:00 AM)	AFTERNOON EXAMS (COMMENCE 1:30 PM)
	Monday 11 November	Studies of Religion (REL315116) Chemistry (CHM415115)	Music (MSM315115) Business Studies (BST315116) German (GRM315114)
	Tuesday 12 November	Media Production (MED315117) Accounting (ACC315116) Environmental Science (ESS315118)	English (ENG315117)
	Wednesday 13 November	Sociology (BHS315116) Mathematics Methods (MTM415117)	Japanese (JPN315114) Food and Nutrition (FDN315118)
	Thursday 14 November	Outdoor Leadership (EXP315118) English Literature (ENL315114)	General Mathematics (MTG315115)
	Friday 15 November	Physical Sciences (PSC315118) Legal Studies (LST315117)	Computer Science (ITC315118) French (FRN315114) Health Studies (HLT315118)

WEEK 2	DATE	MORNING EXAMS (COMMENCE 9:00 AM)	AFTERNOON EXAMS (COMMENCE 1:30 PM)
	Monday 18 November	Psychology (BHP315116) Mathematics Specialised (MTS415118)	Chinese (CHN315114) Biology (BIO315116)
	Tuesday 19 November	Information Systems and Digital Technologies (ITS315118) Modern History (HSM315117) Housing and Design (HDS315118)	Mathematics Methods - Foundation (MTM315117)
	Wednesday 20 November	Geography (GGY315115) Physics (PHY415115)	Computer Graphics and Design (CGD315118) Philosophy (PHL315118) Australia in Asia and the Pacific (AAP315116)
	Thursday 21 November	English as an Additional Language or Dialect (EAL315115) Electronics (ELT315114) Sports Science (SPT315118) Italian (ITN315114) Ancient History (ANH315117) Technical Graphics (TEG315115)	Economics (ECN315116) Drama (SDD315115)

DRYSDALE @ CLAREMONT COLLEGE

On Monday 28 October 2019 Drysdale @ Claremont College held its first Drysdale Espresso Essentials Course.

The inaugural class was led by Drysdale Centre of Excellence teacher Elysia Mannix who instructed the eager students on the art of extracting the perfect espresso. The class included how to operate an espresso machine, milk texturing techniques and discovering the wide variety of coffee beverages that are available.

This course will assist these students to enter the tourism and hospitality industry in Tasmania. Drysdale Centre of Excellence are offering commercial courses in both Espresso Essentials and Responsible Service of Alcohol to those in the community that would like to also gain the skills to assist them to enter the hospitality workforce.

If you would like to enrol in

- Drysdale Espresso Essentials – Short Course
- Responsible Service of Alcohol

Please contact Drysdale Centre of Excellence Phone: 61 65 5945 Email: DrysdaleSouthAdmin@tastafe.tas.edu.au



Image Credit: Room for a Pony, Osborne Images

Drysdale @ Claremont College

SHORT COURSE – DRYSDALE ESPRESSO ESSENTIALS

Drysdale Centre of Excellence is established at Claremont College, offering courses to assist Tasmanians gain skills in the tourism and hospitality industry.

Begin the journey to espresso coffee excellence with this 6 hour introduction to Barista Basics.

Whether you wish to gain employment, provide your customers with a better coffee experience or simply indulge in the delight that the perfect coffee provides, this course is a solid foundation for espresso coffee making.

Participants will learn:

- How to operate an espresso machine, including essential cleaning techniques.
- About the grinding process.
- The art of extracting perfect espresso.
- Milk texturing techniques.
- The beverages that make up the coffee menu.

Cost

\$245.00

Further fee information can be found at www.tastafe.edu.au/fees.

Some courses may incur additional levies and resource costs.

Contact us for full details.

Where

Drysdale@Claremont College, 61 Claremont Road, Claremont

When

Monday 25 November 2019

Day Session:

9.00am to 3.00pm

Outcome

Certificate of Attendance

Suitability

This course is open to the public. Contact us today to find out if this is the right course for you.

Contact Us

For more information or to register your interest, please call

6165 5945 or contact email

DrysdaleSouthAdmin@tastafe.tas.edu.au

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@ClaremontCollegeTas

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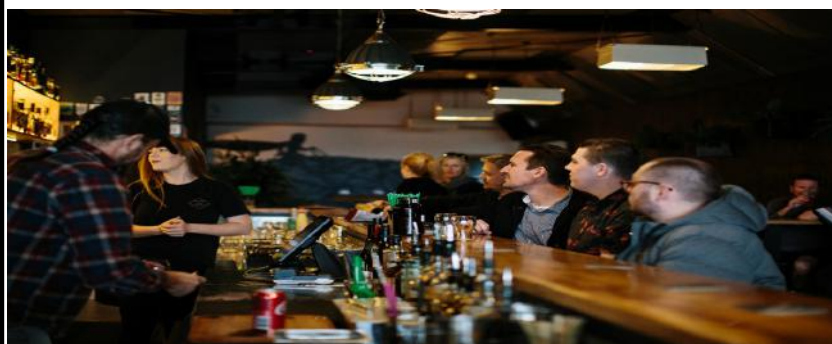


Image Credit: Empress Craft Beer, S.Group

Drysdale

@ Claremont College

SITCHAB002 – SHORT COURSE RESPONSIBLE SERVICE OF ALCOHOL

Drysdale Centre of Excellence is now established at Claremont College, offering courses to assist Tasmanians gain skills in the tourism and hospitality industry.

Learn about the server's legal responsibility. The responsible service of alcohol course gives an overview of a server's legal responsibility, liability and duty of care to patrons.

The responsible service of alcohol course is a legal requirement for anyone working or wanting to gain employment with alcohol products in the hospitality industry.

Participants will learn:

- To sell or serve alcohol responsibly
- To assist customers to drink within appropriate limits
- To assess alcohol-affected customers and identify customers to whom the sale or service must be refused
- To refuse to provide alcohol

Cost

\$65.00 per person

Further fee information can be found at www.tastafe.edu.au/fees.

Some courses may incur additional levies and resource costs.

Contact us for full details.

Where

Drysdale @ Claremont College, 61 Claremont Road, Claremont

When

Monday 2 December 2019

Evening Sessions:

3:30pm to 9:30pm

Outcome

A Statement of Attainment for the units successfully completed.

Suitability

This course is open to the public. Contact us today to find out if this is the right course for you.

Contact Us

For more information or to register your interest, please call **6165 5945** or contact email

DrysdaleSouthAdmin@tastafe.tas.edu.au

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www.tastafe.tas.edu.au

